

## Schoolhouse Spotlights 2023 EDUCATOR BURNOUT

Fewer than 1 in 4 Teachers

Recommend an Education Career

Only **22%** of teachers recently surveyed by PAGE reported they would recommend a career in their field.

**Burnout** was the most commonly cited reason motivating educators to leave the field, surpassing both **Student Behavior** and **Salary**. Regardless of professional role, many educators are looking toward the exit. In 2023, **more than half** of respondents said they are unlikely to remain in education for the next decade.

## **Sources of Burnout**

Many factors contribute to educator burnout:

- Loss of planning time
- Covering for other teachers due to the **substitute shortage**
- Contending with both educator and student mental health issues

## ADDRESSING THE ISSUE

Reasons for educator burnout are complex and multifaceted. PAGE recommends lawmakers take the following steps to address root causes and safeguard the educator workforce:

- Protect planning time & duty free lunches
- Increase funding for substitute teachers
- Provide greater mental health support to teachers and students, including funding more mental health professionals in schools
- Acknowledge and address school and district leader burnout