

Schoolhouse Spotlights 2023 EDUCATOR BURNOUT

Fewer than 1 in 4 Teachers

Recommend an Education Career

Only **22%** of teachers recently surveyed by PAGE reported they would recommend a career in their field.

Burnout was the most commonly cited reason motivating educators to leave the field, surpassing both **Student Behavior** and **Salary**. Regardless of professional role, many educators are looking toward the exit. In 2023, **more than half** of respondents said they are unlikely to remain in education for the next decade.

Sources of Burnout

Many factors contribute to educator burnout:

- Loss of planning time
- Covering for other teachers due to the **substitute shortage**
- Contending with both educator and student mental health issues

ADDRESSING THE ISSUE

Reasons for educator burnout are complex and multifaceted. PAGE recommends lawmakers take the following steps to address root causes and safeguard the educator workforce:

- Protect planning time & duty free lunches
- Increase funding for substitute teachers
- Provide greater mental health support to teachers and students, including funding more mental health professionals in schools
- Acknowledge and address school and district leader burnout